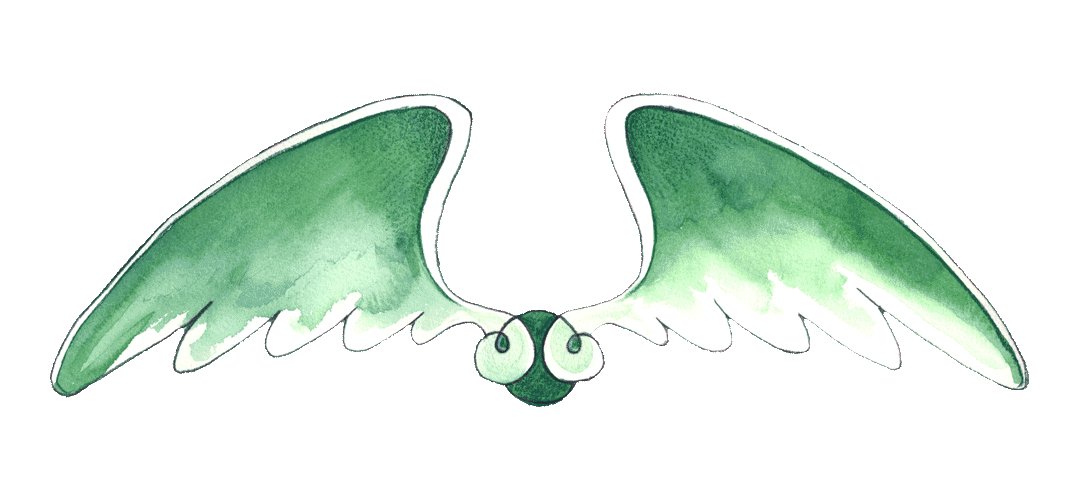


**Wrapped for Adolescents**



CaraCare are running a 10-week Wrapped in Angels group that promote resilience factors in adolescents who have experienced grief, loss, trauma, or abuse.

**When**: Term 3, Saturdays from July 29 - Sept 30

**Time:** 2-4pm

**Where:** Cara House Concord; 148 Majors Bay Road, 2137

Wrapped in Angels is a resilience-based group that is run as a journey of re-discovering the meaning and connections in life. The small group process offers a safe space for participants to share experiences, share fun and joyful moments, learn about healthy ways to manage big emotions, practice mindfulness and explore their hopes and dreams for their future.

During the group, the young people will create their own blanket, that holds a colourful representation of love, protection, warmth and safety. This blanket is a tangible reminder of what holds them and keeps them strong, empowered, connected and loved. It is uniquely theirs. \*sewing skills are not required.

This group is for children aged 13 to 18 years

The facilitators for the group are Manny Kassiotis and Alys McLennan. Both are skilled in trauma informed therapy and group work facilitators from the CaraCare charity.

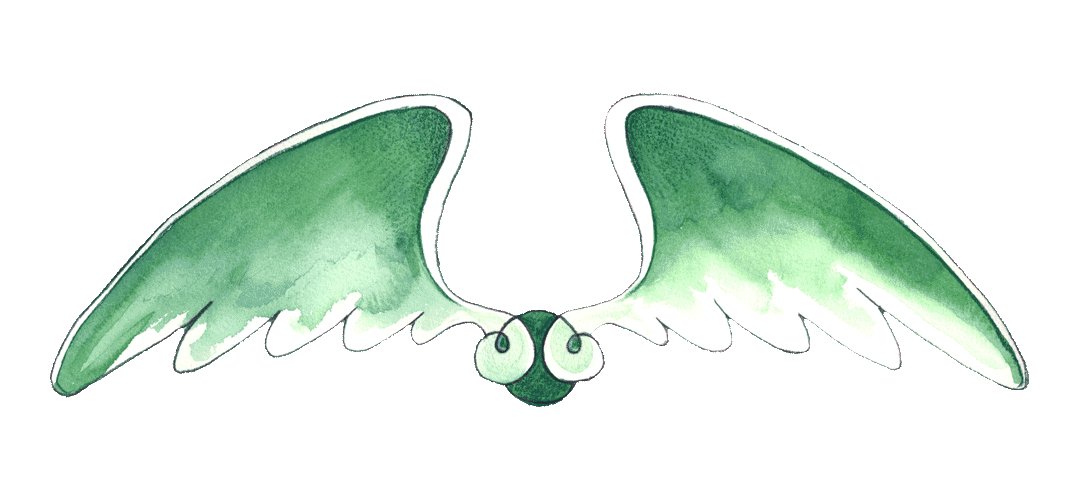
**Registered participants will be invited to Cara House for a pre group interview and meet Manny and Alys**

*To register, please fill out the attached Registration Form.*

**Please send completed forms to Alys: alys@carahouse.com.au**

**For any questions please contact 8765 0261**

**Wrapped for Adolescents**



**Registration Form**

**Young perosn's name and DOB:**

**Ethnicity**:

**Name of parent/carer:**

**Address details :**

**Contact details (phone) of parent/carer:**

**Referring Agency and worker:**

**Contact details of referring worker (phone, e mail, and postal address):**

**Birth family details (genogram and current contact arrangements, history of abuse etc.):**

**Kinship or foster family details (Genogram, length of placement etc):**

**Current care or criminal proceedings relating to the child:**

**School history & any particular learning needs:**

**Has the young person attended any therapeutic s groups or counselling before, and how did they benefit from and enjoy (or not enjoy) this experience?**

**What hobbies, past-times and extra-curricular activities does this young person enjoy?**

**What skills and talents does this young person have that may be important for the facilitators to know when running this group?**

**Does the young person have any needs that would preclude them from enjoying and benefiting from this group?**

**What enjoyment and benefits do you think this young person will gain from the group?**