

# Tuning in to Teens



ANG4501

**BOOKINGS  
ESSENTIAL**

This six-week group program will enable parents to help their children understand their emotions and express them in appropriate ways. Gaining control of their emotions provides social, behavioural, psychological and learning benefits for children.

*Anglicare group programs are funded through sources including the Australian Government Department of Social Services and NSW Family and Community Services.*

## **When Wednesdays**

21 February to 28 March  
5.30pm – 7.30pm

## **Location**

Anglicare  
1 Sloane St  
Summer Hill

This is a free course.  
Childcare is not provided  
(children under six months  
welcome to attend).

**For bookings and information:  
9798 1400**



**Anglicare**

**Community  
Services**